



October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday! 	1 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga with WCHS 1:30 Country Store Opens 3:00 Free Bingo	2 Next Level Beauty Shop Opens! 9:00 Donuts all Day (activity room) 10:30 Exercise 1:30 Card Club (Alcove) 2:00 Crafting with Cara 6:30 Movie (The Help)	3 10:30 Exercise 1:30 YouTube Chair Yoga 3:00 Music on the Steinway with Ruth	4 10:30 Exercise 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	5 11:00 Walk & Talk
6 10:00 Church Service 2:00 Matinee in the Lobby	7 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free Bingo	8 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga with WCHS 1:30 Country Store Opens 2:00 Mass with St. Leo's - Fr. Clay 3:00 Free Bingo	9 Next Level Beauty Shop Opens! 10:30 Exercise 1:30 Card Club (Alcove) 2:00 Crafting with Cara	10 10:30 Exercise 1:30 YouTube Chair Yoga 3:00 Book Mobile Arrives 3:00 Music on the Steinway with Ruth	11 10:30 Exercise 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	12 Vanderbilt vs. Kentucky - Time: TBD 11:00 Walk & Talk
13 10:00 Church Service 2:00 Matinee in the Lobby	Columbus Day 14 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free Bingo	15 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga with WCHS 1:30 Country Store Opens 3:00 Free Bingo	16 Next Level Beauty Shop Opens! 10:30 Exercise 1:30 Card Club (Alcove) 2:00 Balloon VolleyBall	17 10:30 Exercise 1:30 YouTube Chair Yoga 3:00 Music on the Steinway with Ruth	18 10:30 Exercise 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	19 Kentucky vs. Florida - Time: TBD 11:00 Walk & Talk
20 10:00 Church Service 2:00 Matinee in the Lobby	21 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free Bingo	22 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga with WCHS 1:30 Country Store Opens 3:00 Free Bingo	23 Next Level Beauty Shop Opens! 10:30 Exercise 1:30 Card Club (Alcove) 2:00 Balloon VolleyBall	24 10:30 Exercise 1:30 YouTube Chair Yoga 3:00 Book Mobile Arrives 3:00 Music on the Steinway with Ruth	25 10:30 Exercise 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	26 Auburn vs. Kentucky - Time: TBD 11:00 Walk & Talk
27 10:00 Church Service 2:00 Trick or Treat Fun - staff children & families are welcome to attend	28 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free Bingo	29 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga with WCHS 1:30 Country Store Opens 3:00 Free Bingo	30 Next Level Beauty Shop Opens! 10:30 Exercise 1:30 Card Club (Alcove) 2:00 Balloon VolleyBall	31 Happy Halloween! 10:30 Exercise 1:30 YouTube Chair Yoga 2:30 October Birthday Celebration (Everyone Welcome) 3:00 Music on the Steinway with Ruth	Happy Birthday Residents! 10/8 June F. 10/22 Ward C. (Villa) 10/22 Burt Eyster (Villa) 10/23 Jim H. 10/29 Patsy M.	Happy Birthday Staff! 10/5 Eric Drane 10/8 Tierra Adams 10/16 Tasia Derringer 10/17 Samantha Ballard 10/19 Sydney Paul 10/21 Laurie Dorough 10/26 Patsy Mitchell