

Pathway MEMORY CARF

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#### Our Pathway Team At Daisy Hill Senior Living

Laurie Dorough **Executive Director** Kayla Macey, LPN **Clinical Director Tori Clifford** Unit Coordinator **Jade Muniz Dining Services Director** Mary McNece **Activity Director Gwen Noe** Activity Team Member **Eric Drane** Maintenance Director **Rev. Todd Renner** Chaplain

### November 2024



#### **November Gratitude**

A few things to be thankful for this month:

- The beauty of the changing leaves.
- Time with loved ones during the holiday season.
- The service of veterans and current military members.

What else can you add?

#### To Your Health: Don't Forget D

Sunlight helps our bodies produce vitamin D, a nutrient important for mental and emotional health. If chilly weather keeps you indoors, be sure to eat foods that are good sources of vitamin D, such as salmon, tuna, milk, eggs and fortified cereals. Vitamin D supplements are also an option.

#### 'Coin' Is One

How many words can you come up with using the letters in "election"?



# I'm thankful for....



