




January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>January</i>	Happy Birthday Residents 1/3 Albert Hackney 1/5 Betty Beall 1/12 Jack Williams 1/23 Karen Koontz 1/26 Milton McKinister	Happy Birthday Staff 1/6 Lemeco Richardson 1/12 Christina Spickard	 1	2 10:30 Exercise 1:30 Chair Yoga 2:30 Reading with Melissa 3:00 Ruth on the Steinway 5:30 Devotion with Chaplin Todd	3 10:30 Exercise 12:00 Joan and Peanut (Service Dog) in the Lobby 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	4 10:00 Walk & Talk 11:00 UK vs. Florida Gators - ESPN
5 10:00 Church Service 2:00 Matinee in the Lobby	6 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free BINGO	7 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga 1:30 Country Store Opens 3:00 Free BINGO 7:00 UK vs. Georgia - SECN	8 Next Level Beauty Shop Opens 9:00 Donuts and Coffee (Activity Room) 10:30 Exercise 2:00 EmpowerMe Wellness Activity 3:00 Cards with Robin in the Alcove	9 10:30 Exercise 1:30 Chair Yoga 2:00 Collins and Cox Performing (Side Dining Room) 3:00 Ruth on the Steinway 5:30 Devotion with Chaplin Todd	10 10:30 Exercise 12:00 Joan and Peanut (Service Dog) in the Lobby 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	11 10:00 Walk & Talk 8:30 UK vs. Mississippi State - SECN
12 10:00 Church Service 2:00 Matinee in the Lobby	13 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free BINGO	14 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga 1:30 Country Store Opens 2:00 Mass with St. Leo's - Fr. Clay 3:00 Free BINGO 7:00 UK vs. Texas A&M - ESPN2/U	15 Next Level Beauty Shop Opens 10:30 Exercise 2:00 EmpowerMe Wellness Activity 3:00 Cards with Robin in the Alcove	16 10:30 Exercise 11:30 Lunch Bunch 1:30 Chair Yoga 3:00 Ruth on the Steinway 5:30 Devotion with Chaplin Todd	17 10:30 Exercise 12:00 Joan and Peanut (Service Dog) in the Lobby 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	18 10:00 Walk & Talk 12:00 UK vs. Alabama - ESPN
19 10:00 Church Service 2:00 Matinee in the Lobby	Martin Luther King Jr. Day 20 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free BINGO	21 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga 1:30 Country Store Opens 3:00 Free BINGO	22 Next Level Beauty Shop Opens 10:30 Exercise 2:00 EmpowerMe Wellness Activity 3:00 Cards with Robin in the Alcove	23 10:30 Exercise 1:30 Chair Yoga 2:30 Reading with Melissa 3:00 Ruth on the Steinway 5:30 Devotion with Chaplin Todd	24 10:30 Exercise 12:00 Joan and Peanut (Service Dog) in the Lobby 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	25 10:00 Walk & Talk 2:30 UK vs. Vanderbilt - ESPN/2
26 10:00 Church Service 2:00 Matinee in the Lobby	27 10:00 Music on the Steinway with Gwen 10:30 Exercise 2:00 Bible Study with Bettye 3:00 Free BINGO	28 10:00 Music with Mary Lou 10:30 Exercise 1:30 Chair Yoga 1:30 Country Store Opens 3:00 Free BINGO 7:00 UK vs. TN - ESPN	29 Next Level Beauty Shop Opens 10:30 Exercise 2:00 EmpowerMe Wellness Activity 3:00 Cards with Robin in the Alcove	30 10:30 Exercise 2:00 Birthday Celebration (Everyone Welcome) 3:00 Ruth on the Steinway 5:30 Devotion with Chaplin Todd	31 10:30 Exercise 12:00 Joan and Peanut (Service Dog) in the Lobby 1:30 Card Club (Alcove) 3:00 \$1.00 Fruit Friday BINGO	